

COVID-19 PREVENTION INDOOR VISITATION RULES

We understand the coronavirus (COVID-19) has made this a very hard time for everyone. Our goal is to continue to provide exceptional care with compassion for our residents and family/significant others. We will do everything we can to allow you time with your loved one.

Two Visitors at Time

- To provide the best safeguard for our residents and staff, we will only allow two visitors at a time.
- Please call ahead to make arrangements for visitation.

Check in and Testing

In an attempt to keep everyone as safe as possible, we screen everyone coming into our facility by:

- Taking temperature.
- Asking questions that include:
 - Do you have a cough?
 - Do you have new shortness of breath?
 - Do you have a sore throat?
 - Have you been in contact with anyone who tested positive for COVID-19?
 - Have you been out of the country or state in the recent past?
- You will be tested for COVID-19 prior to visit.
- If you are showing any signs of COVID-19 we will have to restrict visitation to protect our residents and staff.

If you begin having signs and symptoms following the visit to please notify facility Infection Prevention nurse and seek care with your provider.

Limit Touching Surfaces

- Only touch necessary surfaces.

Use Good Hand Hygiene & Wash Often

- Sanitize your hands often using hand sanitizer or when using soap and water, for at least 20 seconds while in the facility, including after blowing your nose, coughing or sneezing.
- When using hand sanitizer cover all surfaces of your hands and rub them together until they feel dry.
- Avoid touching your eyes, nose and mouth, especially with unwashed hands.

Personal Protective Equipment (PPE) and Social Distancing

- You could spread COVID-19 to others even if you do not feel sick.
- Everyone should wear a mask, face shield or use plexiglass barrier.

- The PPE is meant to protect other people in case you are infected.
- Continue to keep about 6 feet between yourself and others. The PPE is not a substitute for social distancing.
- Residents will also be expected to wear a mask or face shield.
- Please do not give the resident anything during the visit.
 - If you have an item for the resident, please give to the person checking you in.
 - Items should be in a cleanable container.
 - If paper items such as cards are brought we will clean them and keep for 24 hours before giving to resident.

Avoid Close Contact

- Avoid contact with others while in the facility.
 - This is especially important for the safety of our other residents and staff.
- We expect you to remain in the designated area for indoor visits while in the facility.
- If you would need to be out of the designated visiting area for any reason, put distance between yourself and other people.
- Social distance by 6 feet as much as possible.
 - Remember that some people without symptoms may be able to spread COVID-19.
- No hugging. This is especially hard for our staff in long-term care facilities because many of us are “huggers” and want to comfort.

Visitor Violation of Rules

- If a visitor violates the COVID-19 visiting rules, he or she will be asked to leave and barred from future visits at the discretion of the Administrator.
- If the violation results in potential exposure to the resident, he or she will be quarantined for 14 days per COVID-19 Infection Prevention protocol.

COVID-19 PREVENTION OUTDOOR VISITATION RULES

Citizens Memorial Health Care Foundation considers the safety and total wellbeing of long-term care and residential care residents a top priority. In an effort to assure resident safety and comply with CMS/DHSS guidance, the following COVID-19 pandemic visitation rules have been developed.

Two Visitors for 30 Minutes

- To provide the best safeguard for our residents and staff, and to comply with CMS/DHSS guidance, we will allow two visitors at a time.
- Visits are by appointment only and will be limited to 30 minutes to allow for as many visits for multiple residents as possible.
- We will limit visits to no more than one time per week, determined by availability of times and staffing to provide screening and oversight.
- Appointments can be made by calling the facility.

Check In and Screening Outside Visitors

- Visitors will be screened for signs and symptoms of COVID-19.
- Temperature will be obtained.
- Questions to include, but not limited to:
 - Do you have a cough?
 - Do you have new shortness of breath?
 - Do you have a sore throat?
 - Have you been in contact with anyone who tested positive for COVID-19?
 - Have you been out of the country or state or visited a hot spot for COVID-19 in the recent past?
- If you are showing any signs of COVID-19 we will have to restrict visitation to protect our residents and staff (example if you have a temperature of 100 or greater).
- If you have been tested for COVID-19 and are awaiting results, you will not be allowed to visit until results have returned and test revealed non-detectable (or negative).

Hand Hygiene

- Hand sanitizer will be available and will be used by visitors at the time of check in and screening, as well as at the end of the visit.
- When using hand sanitizer, cover all surfaces of your hands and rub them together until they feel dry.
- Avoid touching your eyes, nose, mouth and mask -- especially with unwashed hands.

Masking/Social Distancing

- Visitors and residents will be required to wear a mask during the visit.
 - Masks for residents will be provided.
 - Visitors are expected to bring a mask.
 - Masks should cover your mouth and nose.
- Maintain social distancing of 6 feet.
- Please do not give the resident anything during the visit.
 - If you have an item for the resident, please give to the person checking you in.
 - Items should be in a cleanable container.
 - If paper items such as cards are brought we will clean them and keep for 24 hours before giving to resident.

Visitor Violation of Rules

- If a visitor violates the COVID-19 visiting rules, he or she will be asked to leave and barred from future visits at the discretion of the Administrator.
- If the violation results in potential exposure to the resident, he or she will be quarantined for 14 days per COVID-19 Infection Prevention protocol.

[Turn page for COVID-19 prevention open and closed window rules. >>>](#)

COVID-19 PREVENTION OPEN WINDOW/FOYER VISITATION RULES

Citizens Memorial Health Care Foundation considers the safety and total wellbeing of long-term care and residential care residents a top priority. In an effort to assure resident safety and comply with CMS/DHSS guidance, the following COVID-19 pandemic visitation rules have been developed.

Check In and Screening Open Window/Foyer Visitors

- Visitors will be screened for signs and symptoms of COVID-19.
- Temperature will be obtained.
- Questions to include, but not limited to:
 - Do you have a cough?
 - Do you have new shortness of breath?
 - Do you have a sore throat?
 - Have you been in contact with anyone who tested positive for COVID-19?
 - Have you been out of the country or state or visited a hot spot for COVID-19 in the recent past?
- If you are showing any signs of COVID-19 we will have to restrict visitation to protect our residents and staff (example if you have a temperature of 100 or greater).
- If you have been tested for COVID-19 and are awaiting results, you will not be allowed to visit until results have returned and test revealed non-detectable (or negative).

Hand Hygiene

- Hand sanitizer will be available and will be used by visitors at the time of check in and screening, as well as at the end of the visit.
- When using hand sanitizer, cover all surfaces of your hands and rub them together until they feel dry.
- Avoid touching your eyes, nose, mouth and mask -- especially with unwashed hands.

Masking/Social Distancing

- Visitors and residents will be required to wear a mask during open window visit.
 - Masks for residents will be provided.
 - Visitors are expected to bring a mask.
 - Masks should cover your mouth and nose.
- Maintain social distancing of 6 feet.
- Window screens will remain in place.
- Please do not give the resident anything during the visit.
 - If you have an item for the resident, please give to the person checking you in.
 - Items should be in a cleanable container.
 - If paper items such as cards are brought we will clean them and keep for 24 hours before giving to resident.

Length of Visit

- Open Window Visit - Please limit visit to 30 minutes if roommate has visitors waiting.
- Foyer Visit - Please limit visit to 30 minutes if other visitors are waiting.

Visitor Violation of Rules

- If a visitor violates the COVID-19 visiting rules, he or she will be asked to leave and barred from future visits at the discretion of the Administrator.
- If the violation results in potential exposure to the resident, he or she will be quarantined for 14 days per COVID-19 Infection Prevention protocol.

Turn page for COVID-19 prevention outdoor visitation rules. >>>